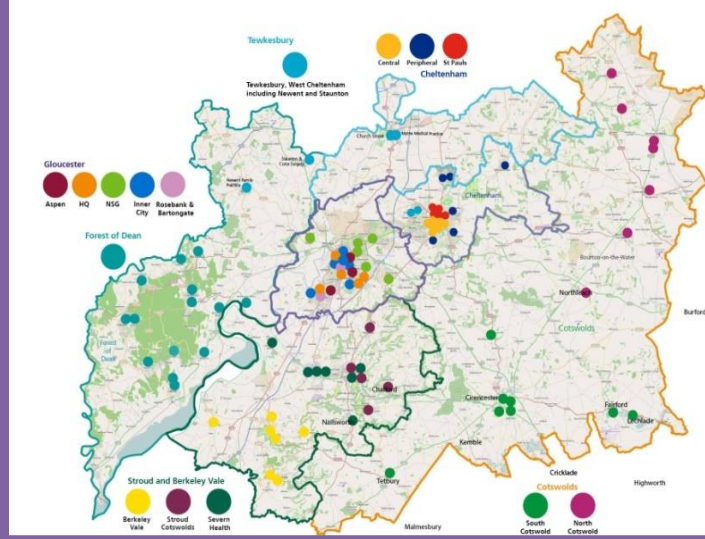


Gloucestershire Primary Care Network (PCN) Newsletter

January 2023



This newsletter is produced monthly by the Gloucestershire ICB PCN Team and Primary Care Training Hub to provide you with a snapshot of updates relating to PCNs and workforce. If you have any feedback on the newsletter or any queries, please do contact the team via the [PCN mailbox](#).

Actions for this month:

Review ARR Claims: Please can PCNs review their ARR claims for this financial year ahead of year end to ensure they are up to date and accurate. As of February/March 2023 there will be changes to the ARRs portal to link with PCSE, the PCN Team are awaiting further details from NHSE/I & PCSE and will share as soon as possible.

NWRS: Please can PCNs login into the NWRS system, review and, if required, update your workforce data ensuring it matches ARR claims. PCN staff are required to be recorded, including CDs. Further guidance available [here](#)

Latest Updates:

Gloucestershire Cancer Summit –

Practices are invited to attend the next **Gloucestershire Cancer Summit on Thursday 23rd March 2023** at the **Cheltenham Chase Hotel**. This all day event will be an opportunity for the **lead GP and one other member of the practice team involved in the patient cancer pathway** to hear from expert colleagues with tips on Early Cancer Diagnosis and the Personalised Care of patients including Cancer Care Reviews. Please can you bring something to discuss about your practice's work on the PCN Cancer DES contract in order to share with other practices, tips on what went well and what didn't quite work in terms of encouraging screening uptake, safety netting FIT for example. Please can practice nominated attendees put the date in their diary and the agenda along with booking details will be sent out shortly. Any questions to beth.ankiah@nhs.net

Primary Care Hub Launch –

NHS England Primary Care has launched a new [Primary Care Hub](#), which connects all the current primary care FutureNHS spaces together onto one single homepage. Please do look at the wealth of information and resources, such as GP career support information, resources for primary care employers, managers and leaders on effectively managing teams and dedicated pharmacy and dentistry spaces – all available for PCNs, workforce teams, and primary care professionals.

Bringing Quality Improvement to Life – Reducing dropped telephone calls and Improving Community Pharmacist Consultation Service referrals –

Join this [webinar](#) to hear from Saffron Health who used Quality Improvement (QI) tools to manage patient telephone calls better and make more referrals to the Community Pharmacist Consultation Service (CPCS).

Active Signposting –

[Register](#) for this new webinar on Thursday 9th February 2023, 12.30pm-2pm to explore what 'signposting' means and the features for this to be an effective way of working for the practice, as well as potential barriers. Webinar hosts will share quick wins and that are working well across the country and demonstrate tried and tested QI tools to help you and your practice develop a signposting system that works for you and patients. Come ready to share your own experiences and ask questions.

Local PCN Dashboard:

The local PCN Dashboard has been updated with data for December and is now available on [CCG Live](#). The "Additional Information Reminder" emails that have been shared by the PCN Team can also be found on this page.

An extra dashboard will be run midway in January, February and March to support PCNs with reviewing progress in the last quarter of the financial year.

Dates for the Diaries:

Tuesday 7th
February 2023
ARR Claims Due
via NHSE/I ARR
Claims Portal

Thursday 2nd
February 2023
5pm – 6pm
**NHSE/I General
Practice Webinar
MS Teams**
Sign up [here](#)

Tuesday 21st
February 2023
12.30pm – 2pm
**NHSE Long
Term Condition
Recall**
Sign up [here](#)

The PCUK Podcast for ALL frontline clinical staff in Primary Care

Are you a frontline clinician working in Primary

Care? (Clinical Pharmacist, FC Physio, GP, Trainee, GPN, Nurse Practitioner, Nursing Associate, Physician's Associate, Paramedic, MH Practitioner, etc.)

If so, would you like an easy way to keep up-to-date? Like brushing up your knowledge, focusing on your wellbeing and keep up with what's going on in the NHS, without having to look at a screen?

If so, we have the answer: The [Primary Care UK Podcast](#) (Munir Adam). Regular updates on important topics relevant to those working in General Practice, OOH or and similar. Access using your podcast app, or using this

link: <https://www.buzzsprout.com/1925512>

Topics covered to date

Primary Care being a nice place to work:

- Racial discrimination in Primary Care (Navina Evans, and London senior team)
- Burnout in Educators (Mary-Rose Shears & a senior Pharmacist and senior Nurse leads)
- Wellbeing in the workplace (Nirja Joshi)

Doing our job better:

- Remote Consultations (Anwar Khan, NHS Resolutions)
- Consultations: Time management (Munir Adam)
- Power of Language in Consultations (HEE Professional Support Unit)
- Lifestyle medicine (Roopa Jaiswal, London rep for Lifestyle medicine)

Personal **development:**

- Tips for your appraisal (A CP, and PA and a GP)
- General Practice Fellowship Scheme (Due end January 2023)

Let's make this a place to learn, bond and develop across the Primary Care professions. Feedback and suggestions are very welcome.

As a newly qualified GP I found the appraisal podcast extremely helpful as it was up to date, clear and concise in what is required for an appraisal and how to make the most from this.

Diabetes Education Sessions

Practice Nurse Education Sessions on Diabetes will be taking place from January – June 2023. There are six different topics, all sessions will be taking place virtually over MS Teams, each topic will be covered twice in the option of a Breakfast or Lunch session. For full information, including links to join the sessions please click [here](#).

NHS Leadership Academy South West Weekly Bulletin – 19/01/2023

To access the bulletin please click [here](#).

Event – Apprenticeships in Primary and Social Care

The Southwest Primary and Community Care Apprenticeship Employer Event is taking place on Wednesday 8th February from 10:00 – 15:00 in Bristol. The event will cover key topics such as: Apprenticeship Basics, Apprenticeship Funding, Learn from peers, Networking. For those unable to make the Bristol event date there is a further event planned in Plymouth. For full information including how to book your place please click [here](#).

New to Primary Care Induction sessions - Gloucestershire Primary Care Training Hub

Are you new to Primary Care or do you know a colleague who is? After the success of the first Induction Session which took place in December 2022 the Primary Care Training Hub will be running regular induction sessions (bi-monthly) that will support people starting work in Primary Care, across all roles.

The induction session will include:

- An overview of the structure of General Practice/Primary Care (how do GP surgeries work, what is a PCN and an ICS/ICB)
- How can the training hub can support you
- An understanding of the varied roles in General Practice
- Digital/IT resources
- Training, education and supervision
- Health and wellbeing
- Personalised Care
- An opportunity to interact and speak with other colleagues new to Primary Care

In addition to the above, an induction pack containing a wealth of resources will be sent to you after the session, as a reference guide.

The next session has been scheduled for Tuesday 7th March 2023, 09:30-12:30, a break has been built into the session.

To book please [click here](#). Further dates will be advertised soon. For any other queries please contact glicb.pcbc@nhs.net.

ARR Training Summary

A Training Summary has been put together detailing the training requirements for each of the ARR roles, so the information is in one convenient place. To access the Summary please click [here](#).

SPOTLIGHT ON ARRS – Occupational Therapists

We are planning to shine a spotlight on individual ARRs roles within the PCN newsletter, in a series of bite sized briefings. Our next spotlight role is Occupational Therapists.

Did you know that Occupational Therapists in Primary Care can cover the below areas and more?

- Use of frailty indexes to identify individuals needing a proactive approach.
- Rapid crisis response to prevent hospital admission or to speed discharge.
- Assessment and interventions to ensure individuals can manage independently at home, including support for carers.
- Risk assessment for acute distress.
- Personalised care plans for self-management.
- Individual discussions to identify personal goals and motivation.

- [A short video on OT 'superpowers'](#)

- [OT Roadmap](#)

- For more details, including job descriptions, training pathways and supervision requirements please visit the training hub's ARRs repository: <https://glosprimarycare.co.uk/arr-repository/occupational-therapists>

