

Aide-Memoire for Pharmacy First 7 clinical pathways

Community Pharmacists can, if appropriate, supply listed medicines for the following 7

conditions. This aide-memoire is to help you formally refer the correct individuals. **The seven clinical pathways can be found [here](#) /see below**

CONDITIONS	What patients are SUITABLE for referral to community pharmacists?	Medications via PGD / Clinical Protocol	Do NOT refer in these circumstances	
Urinary Tract Infection (UTIs)	Females aged 16-64 years	- Nitrofurantoin	- Males - <16 or >65 years - Pregnant - Breastfeeding	- Immunosuppressed - Recurrent UTIs (2 in <6 months or 3 in <12 months) - UTIs treated with antibiotics within 3 months - Individuals using urinary catheter devices
	Does the patient have any 2 of the following: - Dysuria (painful or difficult urination) - New Nocturia (new urination at night) - Cloudy urine to the naked eye		If they have ONE or NONE of the following: - Dysuria (painful or difficult urination) - New Nocturia (new urination at night) - Cloudy urine to the naked eye	
Impetigo	Adults and children aged 1 and over	- Hydrogen Peroxide cream - Fusidic acid cream - Flucloxacillin - Clarithromycin - Erythromycin	- <1 year - Pregnant individuals <16 years - Bullous impetigo - Recurrent impetigo (2 or more in last 12 months)	
Acute Sore Throat	Adults and children aged 5 and over	- Penicillin V - Clarithromycin - Erythromycin	- < 5 years - Pregnant individuals < 16 years - Patients with sore throat and reporting a cough	
Shingles	Adults aged 18 and over	- Aciclovir - Valaciclovir	- < 18 years - Pregnant	- Severely immunocompromised - Shingles in the eye
Infected Insect Bites and Stings	Adults aged 1 and over	- Flucloxacillin - Clarithromycin - Erythromycin	- < 1 year - Pregnant individuals < 16 years	
Acute Sinusitis	Adults and children aged 12 and over	- Fluticasone nasal spray - Mometasone nasal spray - Penicillin V - Clarithromycin - Erythromycin - Doxycycline	- < 12 years - Pregnant individuals < 16 years	- Immunocompromised - Chronic sinusitis (duration > 12 weeks)
Acute Otitis Media	Children aged 1-17 years	- Phenazone and lidocaine ear drops - Amoxicillin - Clarithromycin - Erythromycin	- >17 years - <1 year - Pregnant individuals < 16 years	- Recurrent Acute Otitis Media (3 or more episodes in 6 months, or 4 or more in 12 months)