COMMUNITY PHARMACY EDUCATION & TRAINING OPPORTUNITIES



Welcome to the Gloucestershire Community Pharmacy education and training opportunities area. This information is aimed at pharmacy professionals working in community pharmacy (including pharmacists, foundation pharmacists, community pharmacy technicians and training technicians in Gloucestershire), where we will bring you details of learning opportunities to support you in your ongoing development which are scheduled over the next few months.

To help you navigate the range of learning quickly we have grouped these opportunities into different skill mixes and education areas relating to community pharmacy, such as **Pharmacy First**, **Leadership & Management**, **Education** and **Resources** to help your practice.

We hope this information helps you to identify and access relevant learning opportunities from a range of high-quality providers. If you have any feedback on this newsletter or suggestions for what you would like to see in future editions, please contact glicb.medicines@nhs.net or by completing the online-feedback form.

PHARMACY FIRST

The NHS Pharmacy First service launches as a new advanced service of the community pharmacy contract on the 31st January 2024. This replaces the Community Pharmacist Consultation Service (CPCS) and includes three separate elements and seven new clinical pathways. A <u>checklist</u> is available for community pharmacists to prepare for the service initiation on 31st January.

Pharmacy professionals should complete the Pharmacy First Self-Assessment framework before undertaking any elements of the Pharmacy First service, to identify any gaps in knowledge, skills and behaviours if necessary. The framework and more resources on Pharmacy First can be accessed on the CPPE website here.

If you have identified any gaps in your knowledge following the Pharmacy First Self-Assessment framework, the table below shows a list of *training opportunities* to support with the Pharmacy First initiative. Further resources to support your clinical work can be found in the *resources* section.

Elements of Pharmacy First	Learning area	Where to access learning/PGDs	Who learning is suitable for
	Mandatory Training	Safeguarding children and vulnerable adults As per local mandatory training requirements Confidentiality and data protection As per local mandatory training requirements	✓ Pharmacists✓ Pharmacy technicians✓ Trainee staff✓ Additional support staff
Base Skills	Consultation Skills	Consultation skills A range of consultation skills workshops and assessments are available to tailor to your current SMART objectives. Access here Topics that may be helpful in the Pharmacy First scheme include: - Consultation skills (foundation) or (advanced) — level chosen depending on your current skills - Remote consultation skills - Clinical history-taking: what a good consultation looks like	✓ Pharmacists ✓ Pharmacy technicians ✓ Trainee staff

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		- Shared decision making	
		- Consulting with children and young people	
		- Consulting with people living with dementia	
		- Consulting with people with mental health problems	
		- <u>Consulting with people with learning disabilities</u>	
		Clinical Examination Skills for Community Pharmacists	√ Pharmacists
		A range of training resources available for clinical	
		examination skills, such as webinars on otoscope training.	
	Clinical	Register <u>here.</u>	
	Examination		
	Skills	Recognising Sepsis	√ Pharmacists
	SKIIIS	Early recognition of sepsis in different care settings and	✓ Pharmacy technicians
		patient groups	✓ Trainee staff
		CPPE course: access <u>here</u>	
		Elfh course: access here	✓ Additional support staff
		e-Ifh: Patient Group Directions	√ Pharmacists
	Understanding	Online e-learning provides an introduction and background	✓ Pharmacy technicians
	Patient Group	learning towards understanding and using PGDs.	✓ Trainee staff
	Directions	Enrol here	✓ Trainee starr
	(PGDs)	<u> </u>	
	(1.303)	See the clinical pathways below for links for specific PGDs	
		Introduction to Pharmacy First 18/12/23	√ Pharmacists
		Pharmacy First: Getting to know the service webinar outlines	
		the service, with reference to clinical pathways, PGDs, the	✓ Pharmacy technicians
		learning and development requirements and the	√ Trainee staff
		accompanying digital systems which are in development.	✓ Additional support staff
		Access the recording here	
		Access the recording <u>nere</u>	
		Pharmacy First, Catting ready to Journel 15/1/24	✓ Pharmacists
		Pharmacy First: Getting ready to launch 15/1/24	
	lk	This webinar builds on the December webinar and providing	✓ Pharmacy technicians
	Introduction & Recommended	further information, a debrief of service requirements and	√ Trainee staff
		resources available. Access the recording <u>here</u>	✓ Additional support staff
	Reading	Clinian Dath	
		Clinical Pathway videos	✓ Pharmacists
		Community Pharmacy England have created short videos on	√ Pharmacy technicians
		each of the 7 common condition clinical pathways, talking	✓ Trainee staff
		through these conditions as part of Pharmacy First.	
		Destant and Carlel Mardia Contant	
		Posters and Social Media Content	
Clinical		Community Pharmacy England have released a OneDrive	
Pathways		containing social media content, posters and flyers which can	
		be downloaded for Pharmacy First.	
		Antimicrobial Stewardship in Community Pharmacy	√ Pharmacists
		E-lfh course, accessed <u>here</u>	√ Pharmacy technicians
			√ Trainee staff
		CPPE e-learning: NHS Pharmacy First – Sinusitis	/ Db
		Link <u>here</u>	✓ Pharmacists
			√ Pharmacy technicians
		<u>Useful links</u>	√ Trainee pharmacists
	Sinusitis	- NICE [NG79]: Sinusitis (acute): antimicrobial prescribing	
	3.1145.615	- NICE CKS: Sinusitis	
		- TARGET RTI leaflet	
		PGD for fluticasone furoate (Avamys®) nasal spi	
		PGD for mometasone furoate nasal spray for ac	
		PGDs for PGD for phenoxymethylpenicillin (Penicillin V) f	
		sinusitis PGD for clarithromycin for acute bacterial sinus	
		PGD for doxycycline for acute bacterial sinusitis	
		PGD for erythromycin for acute bacterial sinusit	tis for pregnant individuals
	Consthuss.	Antimicrobial Stewardship in Community Pharmacy	✓ Pharmacists
	Sore throat	E-lfh course, accessed <u>here</u>	√ Pharmacy technicians

				/
		For Nose and Threat clinical assessment skills		✓ Trainee staff
		Ear, Nose and Throat clinical assessment skills Location: In person (can filter distance on CPPE website to find nearest venue)		✓ Pharmacists
				v i namadises
		Register here	sinde)	
		negiotei <u>nere</u>		
		CPPE e-learnin	ng: NHS Pharmacy First – Sore Throat	
		Link here		✓ Pharmacists
				√ Pharmacy technicians
		Useful links		√ Trainee pharmacists
		- NICE [NG8	34]: Sore throat (acute): antimicrobial	Trames pharmasists
		prescribin	g	
		- RCGP <u>TAR</u>	GET antibiotic toolkit training (acute sore	
		<u>throat)</u>		
		- RCGP TAR	GET RTI leaflet	
			PGD for phenoxymethylpenicillin (Penicillin V) t	ablets/oral solution/oral
		PGDs for	suspension	
		Sore Throat	PGD for clarithromycin tablets/oral suspension/	
			PGD for erythromycin tablets/oral suspension/o	oral solution in pregnant
		Antimierakial	individuals Stauradahin in Community Pharmacy	/ Db : :
			Stewardship in Community Pharmacy	√ Pharmacists
		E-lfh course, a	ccessed <u>nere</u>	✓ Pharmacy technicians
		Far Nose and	Throat clinical assessment skills	✓ Trainee staff
			erson (can filter distance on CPPE website to	
		find nearest ve		√ Pharmacists
		Register <u>here</u>	,	
		5		
		Webinar on ot	toscope training	✓ Pharmacists
		Online module	e and webinar on otoscope training via	
		Cliniskills		
	Acute otitis			/ DI
	media		ng: NHS Pharmacy First – Otitis Media	✓ Pharmacists
		Link <u>here</u>		✓ Pharmacy technicians
		video link to o	toscopy – how to conduct an ear examination	✓ Trainee pharmacists
		Useful links		
			91]: Otitis media (acute): antimicrobial	
		prescribin		
		· · · · · · · · · · · · · · · · · · ·	Otitis media: acute	
			RGET antibiotic toolkit training (otitis media)	
		PGDs for	PGD for phenazone/lidocaine (Otigo®) ear drop	s for acute otitis media
		Acute otitis	PGD for amoxicillin for acute otitis media	
		media	PGD for clarithromycin for acute otitis media	
<u> </u>			PGD for erythromycin in pregnant individuals in	
			an introduction to managing skin conditions	✓ Pharmacists
		e-learning mod	dule, access <u>here</u>	✓ Pharmacy technicians
		Useful links		✓ Trainee staff
			182] Insect bites and stings: antimicrobial	
	Infected insect	prescribin		
l t	bites and stings	<u> </u>	Insect bites and stings	
		PGDs for	PGD for flucloxacillin for infected bites and sting	<u>gs</u>
		Infected	PGD for clarithromycin for infected bites and st	
		insect bites	PGD for erythromycin in pregnant individuals for	or infected bites and stings
		and stings		
		Danmastalamı	an introduction to managing skin conditions	✓ Pharmacists
	Impetigo	e-learning mod		✓ Pharmacy technicians
	Impetigo			✓ Pharmacy technicians ✓ Trainee staff

		<u>Useful links</u>		
	- NICE [NG153] Impetigo: antimicrobial prescribing			
		- NICE CKS		
		- DermNet:		
			Care Dermatological Society: Impetigo	
			RGET antibiotic toolkit training (skin infection)	
		- British Ass	sociation of Dermatologists Impetigo leaflet	
			Protocol for hydrogen peroxide (Crystacide®) co	eam for localised non-
			bullous impetigo	
		PGDs and	Protocol for fusidic acid cream for localised nor	n-bullous impetigo
		Protocols	PGD for flucloxacillin for widespread non-bullou	
		for Impetigo	PGD for clarithromycin for widespread non-bul	
		ioi iiiipetigo		
			PGD for erythromycin in pregnant individuals for	or widespread non-bullous
			impetigo	
		Dermatology:	an introduction to managing skin conditions	√ Pharmacists
		e-learning mo	dule	√ Pharmacy technicians
		Access here		•
				✓ Trainee staff
	Chinalas	Heaful links		
	Shingles	<u>Useful links</u>		
			gles resources	
		- NICE CKS:	<u>Shingles</u>	
		- DermNet:	: <u>Herpes Zoster</u>	
			Care Dermatological Society: Herpes Zoster	
		-	sociation of Dermatologists Shingles leaflet	
		PGDs for	PGD for aciclovir tablets for treatment of shing	00
			3	
		Shingles	PGD for valaciclovir tablets for the treatment o	
		Managing UTI	<u>eModule</u>	√ Pharmacists
		Includes diagn	nostics, treatment and managing antimicrobial	
		resistance.		
	Access here			
		riccess <u>ricre</u>		
		CDDE - I	NUIC Discussion Final Assessment Toront	/ Dl:
			ng: NHS Pharmacy First – Lower Urinary Tract	√ Pharmacists
		<u>Infections</u>		√ Pharmacy technicians
		Link <u>here</u>		√ Trainee pharmacists
	Uncomplicated			'
	urinary tract	UTI quiz		/ 21
	infections in		fy NICE recommendations for current practice.	√ Pharmacists
		-	Ty Wice recommendations for earrent practice.	
	women	Access <u>here</u>		
		<u>Useful links:</u>		
		- NICE [NG:	109] Urinary tract infection (lower):	
		antimicro	bial prescribing	
		- RCGP reso		
			JTI Resources	
		_	Diagnosis of UTI	
		_	TARGET antibiotic toolkit training (UTI)	
			TARGET UTI leaflet	
		PGD for UTIs	PGD for nitrofurantoin for treatment of UTI	
Urgent repeat	Previously commi	issioned as the C	CPCS	✓ Pharmacists
medicine	Recommended R			✓ Pharmacy Technicians
supply			ipply of medicines	•
advanced			ippry of medicines	√ Trainee staff
	- NHS England	INUIVISAS		
service				
(NUMSAS)				
			CDCC	/ DI : .
NHS referrals	Previously commi	issioned as the C	LPCS	√ Pharmacists
NHS referrals	-		LPCS	
NHS referrals for minor	Recommended R	eading		✓ Pharmacy Technicians
NHS referrals	Recommended R			

OTHER CLINICAL AREAS

Clinical Area	Information on the Learning Programme	Who learning is suitable for
Community Pharmacy Contraception Service	Pharmacy Contraception Service: Initiating contraception webinar 5/12/23 This webinar focuses on the new aspects of the Contraception Service, including the requirements, training options and available resources to support pharmacy owners and their teams. Access the recording here Pharmacy Contraception Service: Getting going with the Service 10/1/24 This recorded webinar is aimed at helping pharmacy professionals who have not yet started to provide the service to get ready to offer it to their patients. Access the recording here Safeguarding level 3 [mandatory] Option 1: Elfh Safeguarding level 3 for Community Pharmacists can be accessed here Option 2: Elfh Safeguarding Children and Young People – Safeguarding Children level 3 can be accessed here Faculty of Sexual and Reproductive Health (e-SRH) modules Elfh e-SRH module Section 2 (Consent and history taking) has two sections to complete: 1. Health history and risk assessment: this unit looks at taking a medication history, including sexual history and discusses the risk assessment for sexually transmitted infections (STIs) and pregnancy. 2. Confidentiality, chaperones, and consent: this unit discusses the principles of confidentiality in sexual and reproductive health and the provision for intimate examinations, and the consent requirements for test and examinations for procedures Additional learning courses to consider 1. CPPE Emergency Contraception 2. CPPE Contraception or section 3 of elfh Sexual Reproductive Health (e-SRH): Contraceptive choices, and associated assessments	
Community	 Elfh Sexual Health External resources section CPPE Sexual health in pharmacies or section 9 of elfh Sexual Reproductive Health (e-SRH): STIs, and associated assessments Elfh Sexual Reproductive Health (e-SRH) section 5: Contraception, managing side-effects and complications, and associated assessments CPPE Documenting in patient clinical records CPPE Remote consultation skills CPPE Consultation skills for pharmacy practice: taking a person-centred approach Elfh Patient Group Directions Online tools to support contraceptive choices Sexwise Brook Your contraceptive guide (NHS website) Background Information For background information on the Community Pharmacy Blood Pressure Check Service visit the NHS England website 	✓ Pharmacists ✓ Pharmacy technicians
Pharmacy Blood Pressure Check Service	Check Service, visit the NHS England website Essential Reading NICE Guideline NG136 Hypertension in adults: diagnosis and management	✓ Trainee staff✓ Pharmacists✓ Pharmacy technicians

monito	g (e-learning or face-to-face) on how to use the blood pressure oring equipment (which should be provided by their equipment acturer)	
Hypert	ension Case-Finding Service 3/1/24	√ Pharmacists
	corded webinar gives a brief review of the service requirements and	√ Pharmacy technicians
how to	provide the blood pressure check service. Access the webinar here	√ Trainee staff
Additio	onal courses/reading to consider	
1.	CPPE <u>Hypertension</u> , plus the <u>hypertension factsheet</u>	/ DI
2.	CPPE <u>Hypertension gateway</u>	√ Pharmacists
3.	BIHS (British and Irish Hypertension Society) <u>BP Measurement</u>	√ Pharmacy technicians
4.	CPPE Vascular risk and the NHS health check programme	
5.	CPPE Coronary heart disease factsheet	
6.	CPPE <u>Cardiovascular disease: stroke</u>	
7.	CPPE Cardiovascular disease: stable angina	
8.	CPPE <u>Cardiovascular disease: heart failure</u>	
9.	CPPE Atrial fibrillation detection in community pharmacy: what you	
	<u>need to become service ready</u> and the <u>Atrial fibrillation factsheet</u>	
10	. CPPE <u>Atrial fibrillation and arrhythmias gateway</u>	

LEADERSHIP AND MANAGEMENT

Leadership and Management Provider	Information on the Learning Programme	Who learning is suitable for
Royal Pharmaceutical Society (RPS)	Leadership Development Framework The RPS Leadership Development Framework outlines the behaviours of effective, engaging leadership, regardless of the stage of their career.	✓ Pharmacists ✓ Foundation Pharmacists
PrescQIPP	PrescQIPP Leadership at Lunch PrescQIPP have as series of 12 sessions capturing various aspects of leadership. These are pre-recorded but are occasionally re-run. Once all 12 courses are completed participants can complete an online assessment which can generate a certificate.	✓ Pharmacists✓ Pharmacy technicians✓ Trainee staff
NHS Leadership Academy	Healthcare Leadership Model This programme is aimed at clinical and non-clinical leaders aspiring to their first leadership model. The framework aims to identify strengths and areas for development through self-assessment. The competency framework can be accessed here. Edward Jenner Programme This programme is aimed at anyone aspiring to their first leadership or management role within the health and care sector. This includes any clinical or non-clinical background, newly-qualified clinicians, new to/returning to a clinical role, aspiring to a leadership or management role or a healthcare professional student or trainee. The programme is designed for anyone who wants to: Begin their journey of personal development Improve their experience of work, work relationships, teamwork and communication skills Understand what leaders do and how they do it Make a difference in the way your team works or your services Manage and lead your team through change Prepare to lead in the future	✓ Pharmacists ✓ Pharmacy technicians ✓ Pharmacists ✓ Pharmacy technicians ✓ Trainee staff

EDUCATION

Educational Provider	Information on the Learning Programme	Who learning is suitable for
СРРЕ	Newly Qualified Pharmacist Pathway This 12-month programme pathway is intended to help newly qualified pharmacists develop, and demonstrate, confidence and competence in core areas of pharmacy to ensure they deliver safe and effective patient care. The pathway is intended to help pharmacists make the transition to more independent learning and acts as a stepping-stone towards enhanced and advanced practice. More information on the pathway for students and supervisors can be found here . Support Materials for foundation trainee pharmacist and student pharmacy technicians There are resources available on CPPE to help support you if you work with and support future pharmacists and pharmacy technicians. These include a range of guides to support soft skills, and there are specific pages for student pharmacists and student pharmacists and <a here"="" href="mailto:student p</th><th>✓ Trainee staff (Foundation Pharmacists) ✓ Pharmacists ✓ Pharmacy technicians ✓ Trainee staff</th></tr><tr><th></th><th>Community Pharmacy Technician: Advancing your role programme This fully-funded course helps community pharmacy technicians develop the skills and confidence to deliver effective clinical services in community pharmacy. More information can be found here .	✓ Pharmacy technicians
NHS England Workforce Training & Education (NHS WT&E)	Community Pharmacy Training HEE have released a range of fully-funded and flexible training courses to expand clinical skills and patient care. The courses currently include: - Clinical Examination Training Skills - Independent Prescribing - Pharmacy Technicians: Advancing your Role - Education Supervisor Training for Pharmacists and Pharmacy Technicians	✓ Pharmacists ✓ Pharmacy technicians

RESOURCES

General Resources

Clinical Pathways

A flowchart of all of the clinical pathways for Pharmacy First can be accessed <u>here</u> – this is a must-have resource for pharmacy teams taking part in the scheme.

NICE

NICE NG197: shared decision making

SmPC

Summary of Product Characteristics

Medical emergencies

Anaphylaxis – BNF guidance

E-lfh e-learning

Guidance from the Resuscitation Council UK

Recognising Sepsis

CPPE course: access <u>here</u> Elfh course: access <u>here</u>

National Early Warning Score 2 (NEWS2)

Patient Group Directions

NICE Guidelines

Includes competency framework and case scenarios

Access here

E-learning for Health

Patient Group Direction e-learning

Access here

Resources for Clinical Practice

SPS Medicines Advice Helpline

The SPS have a medicines advice helpline for colleagues in primary care and community pharmacy for medicines queries. Their contact details are:

Tel: 0300 770 8564

Email: <u>asksps.nhs@spsdirect</u> Opening hours Mon-Fri 9-5pm

The SPS also have a range of helpful guides on the use of medicines in <u>swallowing difficulties</u>, <u>pregnancy</u> and <u>breastfeeding</u>, <u>palliative care</u> and <u>medicines in children</u>. They also have helpful guides in managing <u>polypharmacy</u> and <u>cardiovascular conditions</u> in frailty (<u>heart failure</u>, <u>coronary heart disease</u>, <u>hypotension</u>, <u>hypertension</u> and <u>atrial fibrillation</u>).

CPPE Clinical Factsheets

CPPE have a portfolio of factsheets reviewed by topic experts to help refresh your knowledge of that condition and provide you with links for further resources.

https://www.cppe.ac.uk/therapeutics/clinical-factsheets#navTop

Mental Health Resources

A list of mental health resources is available to support your clinical practice, including links to the Psychotropic Drug Directory and Maudsley's Prescribing Guidelines, are available on the mental health page of the ICB intranet page. It also features the latest newsletter from the GHC mental health team.

https://intranet.nhsglos.nhs.uk/primary-care/medicines-optimisation/prescribing-guidance/mental-health-resources/

Clinical Masterclasses – via Prescqipp

PrescQIPP release a clinical masterclass each month and include a variety of clinical and non-clinical topics. Examples of classes that have been released this year include atrial fibrillation guidelines, NICE guideline updates of type-2 diabetes and chronic kidney disease, and clinical decision making.

A list of the clinical masterclasses can be found here, with links to recordings of previous masterclasses.

Red Whale Resources

Red Whale offer resources and guidance for GPs and clinical teams working in Primary Care. They have 'pearls' (advice documents on different conditions) and have recently started a monthly podcast.

Resources for Leadership and Management

CPPE Guides

CPPE guides on leadership and management.

https://www.cppe.ac.uk/skills/leadership#navTop,

Resources for Education

CPPE Guides

CPPE guides on a variety of skills needed as an educator.

https://www.cppe.ac.uk/trainers/your-skills#navTop

SUPPORTING YOU

Working in any sector of pharmacy can be stressful and at times isolating. There are times when we all face challenges and professional difficulties in relation to our work. Below is a list of organisations which may be of help in these situations:

<u>Pharmacist Support</u> – An independent charity working to support you in times of need. The aim of the charity is to relieve poverty and hardship and to provide support and information.

<u>Association for Pharmacy Technicians UK (APTUK)</u> – A professional leadership body for pharmacy technicians working in the UK. They can help you with advice on professional and educational issues.

<u>Royal Pharmaceutical Society (RPS)</u> – Can help pharmacist members to find suitable mentors for career development and achieving specific goals.

<u>Centre for Pharmacy Postgraduate Education (CPPE)</u> – The CPPE coaching service is available to General Pharmaceutical Council (GPhC) registrants working in the NHS in England. It is a non-chargeable service that assists pharmacy professionals in dealing with work-related issues, problems, and barriers. The aim is to provide a supportive framework for a specific goal and over an agreed timeframe, which empowers individuals to find their own path and solutions.

<u>Liggy Webb</u> – Liggy Webb produces various promotional materials on wellbeing, such as posters, presentations and podcasts on health, wellbeing, and resilience. These materials are free to download for yourself or colleagues to access.