

# Keep on moving



Once your baby starts to move, you should start to recognise a pattern. If the movements slow down or change, or you are worried for any reason, call Maternity Triage.



Scan the QR code or visit  
[gloshospitals.nhs.uk/movements-matter](https://gloshospitals.nhs.uk/movements-matter)  
to learn more.

**#MovementsMatter**