



CARE SECTOR SUPPORT TEAM

**Signposting and
Resources 2025**

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For new referrals to Mental Health Care Home Support Team please email Contact Centre on fpcc-admin@ghc.nhs.uk or call on **08000 151499**

G-Care

G-Care aims to be the principal online point of clinical reference for Gloucestershire. On this site you will find a range of useful resources, including local care pathways, clinical guidance, referral forms, service information and links to community resources.

<https://g-care.glos.nhs.uk/>

Gloucestershire Joint Formulary

The Joint Formulary is used by all NHS prescribers in Gloucestershire to promote evidence-based, safe, cost-effective prescribing. The website is accessible to all clinicians and patients across the county.

<https://www.gloshospitals.nhs.uk/gps/gloucestershire-joint-formulary/>

Tissue Viability and Pressure Ulcer Prevention

Referrals/Advice

For Podiatry, Complex Leg Wound Service, Lymphoedema and Tissue Viability can be found at <https://g-care.glos.nhs.uk/referral-forms/>

If the topic not on the list on left of screen click on 'other'

Wound Formulary

<https://www.gloshospitals.nhs.uk/gps/gloucestershire-joint-formulary/wound-care-formulary/>

Skin tear pathway

<https://g-care.glos.nhs.uk/education/443>

Free Online Courses for Nurses

Medical Education (smith-nephew.com)

<https://www.molnlycke.co.uk/education/elearnings/>

Society of Tissue Viability

<https://societyoftissueviability.org/>

(Requires membership)

OSKA – Pressure Ulcer prevention training and resources for healthcare professionals

<https://oska.uk.com/oska-academy/>

Training

Essentials of Wound Care Education for the Health and Care Workforce

[Home - elearning for healthcare \(e-lfh.org.uk\)](http://e-lfh.org.uk)

Pressure Ulcer Prevention

National Wound Care Strategy

<https://www.nationalwoundcarestrategy.net/>

European Pressure Ulcer Advisory Panel:

<https://www.epuap.org/>

React to Red – Training resources for care homes and other health care providers.

[React To Red | React To](#)

React to moisture – Identifying, preventing and managing moisture lesions in your care home:

<https://reactto.co.uk/react-to-moisture>

Lower Leg conditions

National Wound Care Strategy

<https://www.nationalwoundcarestrategy.net/>

Leg Matters

<https://legsmatter.org/>

Leg Ulcer Best Practice Statement

<https://lohmann-rauscher.co.uk/compression-therapy/leg-ulcer-best-practice>

Podiatry

New referral form and criteria, including urgent Diabetic foot problems

<https://g-care.glos.nhs.uk/referral-forms/> (under “allied health professionals”)

React to Feet – Keeping feet happy and healthy in your care home:

<https://reactto.co.uk/react-to-feet>

Diabetes

Education

<https://www.diabetes.org.uk/professionals>

Managing hypoglycemia

<https://www.diabetes.org.uk/guide-to-diabetes/complications/hypos/having-a-hypo>

Community Diabetes team

<https://www.ghc.nhs.uk/our-teams-and-services/diabetes/>

Cambridge Diabetes Education program:
<http://www.cdep.org.uk/>

Free training program from Diabetes UK and BUPA:
www.diabetesinhealthcare.co.uk

Free National Diabetes Training Program for Care Home Staff - Sanofi Cares:
<https://www.diabetesmatters.co.uk/sanoficare.html>

Continence and Catheter Care

Continence Service

CGH 0300 422 5305

✉ ghn-tr.gloscontinenceservice@nhs.net

<https://www.gloshospitals.nhs.uk/our-services/services-we-offer/continence-service/>

Learning Resource

<https://rcnlearn.rcn.org.uk/Search/Bladder-and-bowel-care>

Referrals

Gloucestershire Bladder and bowel Health assessment and pad product order form

<https://g-care.glos.nhs.uk/referral-forms/>

(Click on 'urology' from list on left hand side of screen)

Catheter Care Guideline-RCN

<https://www.rcn.org.uk/professional-development/publications/catheter-care-guidance-for-health-care-professionals-uk-pub-009-915>

Urology formulary and catheter passport

<https://www.gloshospitals.nhs.uk/gps/gloucestershire-joint-formulary/continence-and-urology-products-adults/>

Urinary Tract Infection training video:

<https://g-care.glos.nhs.uk/education/439>

The Sick and Deteriorating Patient

NEWS 2 Postcard

<https://www.weahsn.net/our-work/improving-patient-safety/the-deteriorating-patient/news/>

Scroll down to download postcard or business card size observations and NEWS 2 score guide.

RESTORE 2 - Recognise Early Soft signs Take Observations Respond Escalate

<https://www.weahsn.net/our-work/transforming-services-and-systems/keeping-people-safe-during-and-after-covid-19/training-resources-for-care-homes/#:~:text=RESTORE2%20includes%20training%20on%20taking%20physical%20observations%2C%20including,on%20the%20learning%20from%20the%20RESTORE2%20mini%20session>

Health innovation Wessex – NHS Care home training resources

<https://wessexahsn.org.uk/projects/358/care-home-training-resources>

React to – Recognising and managing deterioration in care homes:

<https://reactto.co.uk/react-to-deterioration>

React to - infection – Identifying, preventing and managing influenza and norovirus:

<https://reactto.co.uk/react-to-infection>

Resuscitation updates

Resuscitation Council <https://www.resus.org.uk/>

ABCDE approach <https://www.resus.org.uk/library/abcde-approach>

SEPSIS

Education <https://www.nhs.uk/conditions/sepsis>

Sepsis Trust <https://sepsistrust.org/>

Sepsis Trust screening and action tool

<https://sepsistrust.org/healthcare-professionals/clinical-tools/>

Dementia Training and Education

Dementia Training and Education Strategy for Gloucestershire

<https://www.gloucestershire.gov.uk/health-and-social-care/training-for-health-and-social-care-professionals/multi-agency-training/dementia-training-and-education-strategy-for-gloucestershire/>

React to - Dementia – Dementia 'guide for training resources for care homes

<https://reactto.co.uk/react-to-dementia>

End of Life and ReSPECT

RESPECT - Recommended Summary Plan for Emergency Care and Treatment training

[ReSPECT E-Learning](#) | [ReSPECT \(Planning Ahead\)](#) | [Education & Training](#) | [G-care](#)

For Information

<https://g-care.glos.nhs.uk/pathway/917/resource/11>

<https://www.resus.org.uk/respect>

[SPICT - Supportive and Palliative Care Indicators tool](#)

<https://www.spict.org.uk/the-spict/>

[Gold Standard Framework](#)

The National GSF is the UK's leading training provider for generalist frontline staff in caring for people in the last years of life

<https://goldstandardsframework.org.uk/>

[Specialist Palliative Care information and team](#)

Sue Ryder Education Centre

<https://www.sueryder.org/for-healthcare-professionals/education-and-training/find-a-local-training-course/leckhampton-court>

[Longfield Hospice](#)

<https://longfield.org.uk/>

[Great Oaks Hospice](#)

[Healthcare Professionals - Great Oaks Hospice \(great-oaks.org.uk\)](#)

[Specialist Palliative Care Gloucestershire Hospitals Trust](#)

<https://www.gloshospitals.nhs.uk/our-services/services-we-offer/end-life-palliative-care/>

[BD training videos for pumps and drivers](#)

<https://namdet.org/2020/04/bd-training-videos-for-pumps-and-syringe-drivers/>

[Nutrition support at the end of life](#)

<https://patientwebinars.co.uk/wp-content/uploads/2020/05/BDA-End-of-life-nutrition-300320-v1.pdf>

[Oral Care in End of Life](#)

<https://www.youtube.com/watch?v=6KB4UkZ-YVM>

Record Keeping and Accountability

[NMC CODE](#)

<https://www.nmc.org.uk/standards/code/read-the-code-online/>

[Code of Conduct for Healthcare support workers and adult social care workers \(2013\)](#)

<https://www.skillsforhealth.org.uk/standards/item/217-code-of-conduct>

[CQC \(2018\) The five key questions we ask.](#)

<https://www.cqc.org.uk/what-we-do/how-we-do-our-job/five-key-questions-we-ask>

[Royal College of Nursing \(2024\)](#)

<https://www.rcn.org.uk/professional-development/accountability-and-delegation>

FALLS

Gloucestershire Falls guidance.

<https://extranet.nhsglos.nhs.uk/supporting-care-providers/>

React to Falls – Training videos and resources, specifically for care home staff.

[React To Falls | React To](#)

SWAST post fall guidance pack, specifically for Care providers.

[x \(swast.nhs.uk\)](http://x.swast.nhs.uk)

SWAST 3 short videos on falls assessment

www.swast.nhs.uk/p/post-falls-assessment

NHS falls resources

www.nhs.uk/conditions/falls

Age UK – Resources for falls prevention

www.ageuk.org.uk/information-advice/health-wellbeing/fitness/falls-prevention

Falls Assessment and Education Service – Gloucester Health and Care NHS Foundation Trust.
Information on how and when to refer.

www.ghc.nhs.uk/our-teams-and-services/falls

G-Care links to NICE guidelines for falls

[Falls | External Links & Resources | Clinical Topics | G-care \(glos.nhs.uk\)](#)

G-Care – Additional Falls and Frailty education resources

<https://g-care.glos.nhs.uk/education-type/53>

Health and Safety Executive – Getting to grips with hoisting

www.hse.gov.uk/pubns/hsis3.pdf

Meaningful Activity

Royal College of Occupational Therapists - Living well in Care Homes (2019)

<https://www.rcot.co.uk/about-occupational-therapy/living-well-care-homes-2019>

Why it is important to embed activity in care homes:

www.rcot.co.uk/about-occupational-therapy/living-well-care-homes-2019/care-home-managers

NICE Guidelines for mental wellbeing of older people in care homes:

[Overview](#) | [Mental wellbeing of older people in care homes](#) | [Quality standards](#) | [NICE](#)

National Activity Providers Association:

www.napa-activities.co.uk

Care Act Guidance - Care and Support Statutory guidance:

www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance

Medicines Management

The care home pharmacy team can be contacted by email at:

✉ glccg.pharm.carehomeglos@nhs.net

Professional guidance produced by the Royal Pharmaceutical Society and Royal College of Nursing and provides principals- based guidance to ensure the safe handling of medicines in healthcare settings.

<https://www.rpharms.com/Portals/0/RPS%20document%20library/Open%20access/Professional%20standards/SSHM%20and%20Admin/Admin%20of%20Meds%20prof%20guidance.pdf?ver=2019-01-23-145026-567>

NICE guidelines on Managing Medicines in Care Homes:

<https://www.nice.org.uk/Guidance/SC1>

A national resource for medicine related care:

<https://www.prescqipp.info/our-resources/webkits/care-homes/>

Nutrition and Hydration

<https://www.nhsglos.nhs.uk/your-health-services/healthy-communities/self-management/>

React to malnutrition and dehydration, prevention and management:

<https://reactto.co.uk/react-to-malnutrition-and-dehydration>

Malnutrition Universal Screening Tool (MUST)

https://www.bapen.org.uk/pdfs/must/must_full.pdf

Online calculator for MUST score.

<https://www.bapen.org.uk/screening-and-must/must-calculator>

Link to a useful training presentation on how to calculate MUST scores accurately and how to treat malnutrition in your residents:

<https://www.youtube.com/watch?v=oXzu4EKG1aI>

Screening and supporting with malnutrition in Care Home

Food Fortification

Food fortification is the process of adding high calorie/high protein ingredients to everyday food and drinks to make them higher in energy. This means that the resident will get more energy without having to eat more. More information is available in the publications below:

Food First:

https://www.nhsglos.nhs.uk/wp-content/uploads/2023/08/Food-First-BookletFINAL_23.pdf

Dairy Free Food First:

<https://www.nhsglos.nhs.uk/wp-content/uploads/2022/01/Dairy-free-food-boosters-nourishing-drinks.pdf>

Nourishing Food and Drink Ideas for Texture Modified Diets:

[Nourishing-Food-and-Drink-Ideas-for-Texture-Modified-Diets.pdf \(nhsglos.nhs.uk\)](#)

Hydration

British Association of UK Dietetics - Hydration in older adults:

<https://www.bda.uk.com/resource/hydration-in-older-adults.html>

- [Drink tracker](#) – useful if you have a resident who is showing signs of dehydration, or you are concerned a resident is not drinking enough.
- Good Hydration toolkit [Here](#)
- <https://www.uwl.ac.uk/research/research-centres/richard-wells-centre/i-hydrate>

Calcium and vitamin D

Calcium and vitamin D supplements are no longer available on prescription unless your resident meets specific criteria. Please speak to your care home's GP or practice pharmacist for more information about this.

British Dietetic Association links:

Calcium - <https://www.bda.uk.com/resource/calcium.html>

Vitamin D - <https://www.bda.uk.com/resource/vitamin-d.html>

Osteoporosis - <https://www.bda.uk.com/resource/osteoporosis-diet.html>

Nutrition and Recovery from Covid-19

COVID-19 has had a direct impact on people's ability to eat and drink, largely because 3 of the main symptoms are a sore throat, losing the senses of smell and taste, alongside feeling very unwell in those that are symptomatic.

Residents are at increased risk of malnutrition following COVID-19 and therefore the Gloucestershire Community Dietitians Network have produced [this information booklet](#).

Oral Health Care

Supporting good oral health practices, reduces the risk of avoidable concerns including respiratory infections, sepsis, dehydration, loss of appetite, pain and loss of identity or embarrassment, it encourages the maintenance of self-esteem, speech, the ability to smile and eat, which can improve quality of life.

Please see the Government/NICE guidance links and resources embedded which can help to support and influence best practice in oral health care.

- <https://www.gov.uk/government/publications/adult-oral-health-in-care-homes-toolkit/oral-health-toolkit-for-adults-in-care-homes>
- <https://www.gov.uk/government/publications/delivering-better-oral-health-an-evidence-based-toolkit-for-prevention>
- <https://www.nice.org.uk/guidance/ng48/resources/oral-health-for-adults-in-care-homes-pdf-1837459547845>
- <https://www.nice.org.uk/guidance/ng48/resources>

Acute kidney injury following COVID-19

COVID-19 has resulted in a noticeable increase in acute kidney injury (AKI) and therefore it is more important than ever to monitor for symptoms of AKI alongside closely monitoring fluid intake in those residents who have had COVID-19. The below link contains useful NHS resources on AKI specifically for care homes.

Please encourage your care home staff to familiarise themselves with these: <https://www.thinkkidneys.nhs.uk/aki/resources/care-homes/>

Speech and Language Therapy (SALT) contact details
<https://www.ghc.nhs.uk/our-teams-and-services/adultslt/>

International Dysphagia Diet Standardisation Initiative (IDDSI) Framework
<https://iddsi.org/framework/>

Fact sheet on hydration from the British Dietetic Association

<https://www.bda.uk.com/resource/hydration-matters.html>

<https://www.bda.uk.com/resource/eating-drinking-ageing-well.html>

<https://www.rcplondon.ac.uk/projects/outputs/supporting-people-who-have-eating-and-drinking-difficulties>

Long Term Conditions

Parkinson`s disease

Patient/Professional information and advice:

<https://patient.info/brain-nerves/parkinsons-disease-leaflet>

<https://www.parkinsons.org.uk/>

Training information

<https://www.crossroadsglos.org.uk/training-and-development/parkinsons-training/>

Parkinson's UK excellence network – training and resources for health and social care

<https://www.parkinsons.org.uk/professionals/parkinsons-uk-excellence-network>

Strokes/TIA

For services and referrals:

<https://www.gloshospitals.nhs.uk/our-services/services-we-offer/stroke-medicine/>

Stroke association

<https://www.stroke.org.uk/>

Stroke Early Supported Team

For services and referrals

www.ghc.nhs.uk/our-teams-and-services/stroke-team/

Education:

<https://g-care.glos.nhs.uk/education-type/7>

Respiratory Disorders

For services and referrals:

<https://g-care.glos.nhs.uk/referral-forms/54>

Patient information and advice:

British Lung Foundation <https://www.blf.org.uk/>

Asthma UK <https://www.asthma.org.uk/>

Education: <https://g-care.glos.nhs.uk/education-type/18>

Multiple Sclerosis

MS Team at Gloucester Royal can be contacted on



ghn-tr.msteamglos@nhs.net

Tel: 0300 422 6404

Cardiovascular

For services and referrals:

Referrals & Services | G-care (glos.nhs.uk)

Patient information and advice:

<https://www.bhf.org.uk>

<https://www.ghc.nhs.uk/our-teams-and-services/cardiac-rehabilitation/>

Tel: 0300 421 8151

Education:

<https://g-care.glos.nhs.uk/education-type/7>

Digestive disorders and Stoma care

Stoma Care Team:

<https://www.gloshospitals.nhs.uk/our-services/services-we-offer/stoma-care/>

Tel: Gloucester 0300 422 6702

Tel: Cheltenham 0300 422 4363

<https://gutscharity.org.uk/>

<https://www.nhs.uk/conditions/colostomy/>

Education:

<https://g-care.glos.nhs.uk/education-type/43>

<https://bnf.nice.org.uk/treatment-summary/stoma-care.html>

Motor Neurone Disease

MND Services Tel: 0300 422 6404

Education:

<https://www.mndassociation.org/>

<https://www.nhs.uk/conditions/motor-neurone-disease/>

Frailty

React to frailty – Understand, identify and manage frailty:

<https://reactto.co.uk/react-to-frailty>

Useful publications/learning resources

Subject guides for Care of the Older Person:

<https://www.rcn.org.uk/library/subject-guides/care-of-older-people>

Improving care for older people:

<https://www.england.nhs.uk/ourwork/clinical-policy/older-people/improving-care-for-older-people/>

Ageing well Programme:

<https://www.longtermplan.nhs.uk/areas-of-work/ageing-well/>

Enhanced independence:

<https://glostext.gloucestershire.gov.uk/documents/s53479/Item%20%20-%20An%20Enhanced%20Independence%20Offer%20-%20Strategy.pdf>

British Geriatric society:

<https://www.bgs.org.uk/>

Queens Nurse Institute

Standards of Education and Practice for nurses new to care homes:

<https://www.qni.org.uk/wp-content/uploads/2021/01/Standards-of-Education-and-Practice-for-Nurses-New-to-Care-Home-Nursing-2021.pdf>

NHS long term plan:

<https://www.longtermplan.nhs.uk/areas-of-work/ageing-well/>

Framework for enhanced health in care homes:

[NHS England » Providing proactive care for people living in care homes – Enhanced health in care homes framework](#)

Skills for care:

<https://www.skillsforcare.org.uk/Home.aspx>

E-learning for Health:

<https://www.e-lfh.org.uk/>

Employee Assistance offer for independent sector providers.

<https://vivup.tercltd.co.uk?CODE=107258>

www.thewellbeingline.co.uk

GCC- Proud to learn Training.

<https://www.gloucestershire.gov.uk/health-and-social-care/training-for-health-and-social-care-professionals/multi-agency-training/>