

ASK & CHECK

Care Homes

The Recommended Summary Plan for Emergency Care and Treatment (ReSPECT) process creates personalised recommendations for a person's clinical care and treatment in a future emergency in which they are unable to make or express choices.

These recommendations are created through conversations between a person, the people important to them and their health and care professionals to understand what matters to them and what is realistic in terms of their care and treatment.

The ReSPECT plan is guidance which can be used to inform decision making in an emergency. It may include recommendations about CPR (cardiopulmonary resuscitation).

It is very important the guidance in the ReSPECT plan is available to care staff should the person become suddenly unwell or their condition deteriorates.

New residents/ returning residents:

Ask - Do they have a ReSPECT plan? **Check** with the GP that you have the most up to date version - it may need updating now the resident lives in your care home or has come back from hospital.

At handover/shift changes:

Check that all staff are aware of who has a ReSPECT plan in the home.

Check that all staff in particular temporary/agency staff know where the plans are kept.

If a resident becomes unwell:

Check whether they have a ReSPECT plan so their preferences are known.

Ask GP for advice if needed.

If calling 111/999

Ensure you inform the call handler that your resident has a ReSPECT plan and have it ready.

It is very important that attending emergency staff are given the resident's ReSPECT plan so that their preferences can be taken into account.

If your resident is taken to hospital make sure the original ReSPECT plan goes with them in the red bag (keep a copy in the resident's file).