



Training and Education Framework for Gloucestershire

Learning Objectives Tier 1
Awareness

<p>1.1 To understand what ReSPECT is and the benefits of having a plan.</p>	<p>Recommended Summary Plan for Emergency Care and Treatment</p> <p>The ReSPECT process creates personalised recommendations for a person's clinical care and treatment in a future emergency in which they are unable to make or express choices.</p> <p>These recommendations are created through conversations between a person, their families, and their health and care professionals to understand what matters to them and what is realistic in terms of their care and treatment.</p> <p>Patient preferences and clinical recommendations are discussed and recorded on a non-legally binding plan which can be reviewed and adapted if circumstances change.</p>
<p>1.2 To understand who a ReSPECT plan is for.</p>	<p>Anyone can have a ReSPECT plan. Respect conversations are particularly important to have when someone has</p> <ul style="list-style-type: none"> • uncertainty surrounding their condition, for example frailty, • a long-term chronic condition • a life limiting condition with complex health needs. • people likely to be nearing the end of their life • people at risk of sudden deterioration or cardiac arrest. <p>Some people may wish to record their care and treatment preferences for other reasons. It is never too early to start a ReSPECT conversation</p>
<p>1.3 Be aware of the ReSPECT plan and sections included.</p>	<p>Review the ReSPECT specimen plan for information only.</p>
<p>1.4 To understand the process involved for a ReSPECT plan to be completed.</p>	<p>A ReSPECT plan completion can take place over several conversations with different people including the person and their family/carers.</p>
<p>1.5 To understand where a ReSPECT plan can be stored (link with WMTM folder).</p>	<p>The learner will understand that the ReSPECT plan needs to be easily accessible, depending on setting. (easily accessible in the home setting, including knowledge of the What matters to me folder, in the front of clinical notes in hospital) or the learner will know how to access onto electronic systems as appropriate.</p>
<p>1.6 To be able to access appropriate supporting information about ReSPECT.</p>	<p>Access the resuscitation council website to access posters and leaflets.</p>