



CARE SECTOR SUPPORT TEAM

MEANINGFUL ACTIVITY

DIRECTORY OF RESOURCES 2026

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ANIMAL THERAPY

THERAPY DOGS NATIONWIDE

Jerry Porter is based at Cheltenham racecourse and is the Gloucestershire rep for this nationwide charity. Volunteers in Gloucestershire can bring their own dogs into care establishments for an encounter with the people you support.

 www.therapydogsnationwide.org

 enquiries@therapydogsnationwide.org



ZOOLAB

Here at ZooLab our expert animal rangers and presenters work with animals to provide entertaining and stimulating animal therapy sessions that will enthuse all residents. It's a show for young and old and suitable for everyone whatever their health state.

 www.zoolabuk.com

 info@zoolabuk.com

 0845 330 6322 or 01324 667339



ST JAMES CITY FARM

Open all year-round Mon - Sun 9.30am - 4.30pm. Group visits need to be booked in by contacting the farm.

 www.stjamescityfarm.co.uk

 01452 305728



PETS AS THERAPY (PAT DOGS)

A Charity, PAT Dogs and Cats can come to your establishment. Have volunteers all around the country, log on to the website for contact with your local volunteer.

 www.petsastherapy.org

 reception@petsastherapy.org

 01865 671440



COTSWOLD RIDING FOR THE DISABLED (RDA)

Based at Cheltenham Racecourse, they have an undercover riding school and give lessons to people with disabilities and host Tea with the ponies

 www.cotswoldrda.org.uk

 info@cotswoldrda.org.uk

 01242 584420



LOLLIPOP PONY PARTIES

Lollipop pony parties offer a unique experience for everyone to have hands on contact with our lovely ponies and pets, making it a day they will never forget! The ponies are available for private functions, fun days, nurseries, nursing homes and school days.

 www.lollipopponyparties.co.uk

 info@lollipopponyparties.co.uk

 07429 290587



WALKS WITH HAWKS

Offers static and flying displays. Educational and group talks and can bring birds to your establishment.

 www.walkswithhawks.co.uk

 clare@walkswithhawks.co.uk

 01452 537 420



LIVING EGGS

10-day experience where the company bring all the equipment and eggs for you to watch hatch and grow into chicks. The chicks and equipment are then are taken back by the company.

 www.livingeggs.co.uk

 southwest@livingeggs.co.uk

 07513 288322

ROAMING REPTILES

Lyndsey and David Howard will bring a selection of reptiles to your care establishment for an interactive visit.

 www.roaming-reptiles.co.uk

 info@roaming-reptiles.co.uk

 07807 317239



GHOST THE BARN OWL

Handler Michael Cope (ex royal falconer) will bring Ghost to your care establishment to meet the people you support and give a talk.

 steve@hamiltonagency.co.uk

 07769 203545

ANIMAL MANIA

Mobile Zoo will bring animals to your care establishment

 www.animal-mania.org

 01905 757136



INCREDIBLE EGGS

Will bring everything you need to incubate, hatch and look after chicks and ducklings for 10 days when the company will collect.

 www.incredibleeggs.co.uk

 southwest@incredibleeggs.co.uk

 07977431055



MIKES DONKEYS

Brings his donkeys to your care establishment

 www.mikesdonkeys.co.uk

 stables@mikesdonkeys.co.uk

 07779 692092



ORCHARD TRUST

Small pet visits from Orchard Trust

 <https://orchard-trust.org.uk/what-we-do/activities-and-therapy/smallholding/>

 admin@orchard-trust.org.uk

 01594 861137



DOGS FOR GOOD

A charity placing companion dogs with people with disabilities and have started a Dementia Dog Scheme with events in Forest of Dean.

 www.dogsforgood.org

 info@dogsforgood.org

 01594 861137





ART & CRAFT

KATHERINE KEAR FLOWER ARRANGING

A flower arranging demonstration, designs are left with the group

A hands-on flower arranging workshop, everyone makes a small design to keep. All materials supplied at cost, organiser does not have to supply anything other than tables.

 www.katherinekear.co.uk/

 katherine@katherinekear.co.uk



MINDSCAPE

Delivering nature-based arts activity, improves emotional wellbeing. It reduces isolation by providing a support network and delivering creative experiences in the natural environment, helps to reduce stress and anxiety levels and improves fitness.

 artspacecinderford.org

 hannah@artspacecinderford.org



WYLDWOOD ARTS

Wyldwood Arts is a community arts charity based in the Forest of Dean. Working with community groups, schools, and care homes, we specialise in collaborative, participatory arts projects that bring people of all ages together through kindness, creativity, and play.

 www.wyldwoodarts.co.uk

 hello@wyldwoodarts.co.uk

 07877 581740



ARTLIFT

Free art courses for people living with long term physical and mental health conditions or who may be socially isolated.

 <https://artlift.org/>

 artlift.referrals@nhs.net

 07519 936665



ART SHAPE

Art Shape runs a countywide programme of arts courses and projects with a specific focus on disability issues and social inclusion

 www.artshape.co.uk

 info@artshape.co.uk

 01452 863855



WILSON GALLERY

Part of The Cheltenham Trust dedicated to enriching the lives of residents and visitors through art, culture, heritage, sport, play and performance.

 www.cheltenhammuseum.org.uk

 oliver.tipper@cheltenhamtrust.org.uk



OPEN ARMS ARTISTS COLLECTIVE

Working creatively with frail older people and those living with dementia. Open arms artists collective are interested in building partnerships with care homes.

 www.openarmsartists.org.uk

 openarmsartists@gmail.com

 07967 231960 / 07775 900177



THE IMAGINATION BOX

Free online printable art and craft ideas

 www.theimaginationbox.com



ACTIVITY VILLAGE

Online ideas for art and crafts some can be downloaded free

 www.activityvillage.co.uk



GLOUCESTER SCRAP STORE

For an annual fee, members can purchase craft materials at discounted prices.

 www.grcltd.org/scrapstore

 info@grcltd.org

 01452 504442



BAKER ROSS

Bulk craft supplier

 www.bakerross.co.uk



MEN SHED

Supports older men from diverse backgrounds in maintaining their health and wellbeing. The Gloucester Shed opens from 10:00 am on Tuesdays and Fridays.

 Men in Sheds Cheltenham And Gloucester



MUSICAL ACTIVITIES AND ENTERTAINERS

ANDREW YAPP

Plays guitar and sing Country Music and Irish Ballads/Singalongs. Providing musical entertainment into Care Homes, Day Centres and Retirement Villages amongst other venues and settings.

✉ andyapp@live.co.uk

☎ 07811190362

MINDSONG

Gloucestershire charity working sensitively with mid to late-stage dementia. Offers singing groups and/or personal music therapy in care homes.

🌐 www.mindsong.org.uk

✉ admin@mindsong.org.uk

☎ 07989 936270



SINGING FOR THE BRAIN

Singing for the Brain brings people affected by dementia together to sing a variety of songs they know and love

🌐 www.alzheimers.org.uk/singingforthebrain



WOLFREN RIVERSTICK

Performing singalong classic, particularly Americana, mostly from the 1950s to mid-1970s. These incorporate a number of genres such as folk, blues, rock'n'roll, rock, pop, easy-listening and soul with guitar, harmonicas and vocals

✉ wolfrenriverstick@hotmail.co.uk

☎ 07814 937542

EVA LONG PRODUCTIONS

Eva Long productions is a family run theatre company dedicated to bringing quality theatre to community venues/Care homes

🌐 www.EvaLongProductions.co.uk

✉ evalongproductions@yahoo.co.uk

☎ 07736 700849



SARAH WAYCOTT

Flautist, Cellist

🌐 www.sarahwaycott.com

✉ s.waycott@btinternet.com

☎ 07719 528496



SING OUT SONG CHOIRS

Sing out Strong is a SINGCREDIBLE family of singers from all over the UK - and beyond! Sing out Strong is proud to be totally SINGCLUSIVE!

 www.singoutstrong.co.uk

 hello@singoutstrong.co.uk

 01989 430130



PATRICK FURLEY

Magic lantern music etc

 Patrick.furley@sky.com

COLIN DIX

Local entertainer providing music from a Yamaha Genos Keyboard. Music from 40's through to the 70's. Can also provide memories from WW2 to present day.

 colingdix@gmail.com

 07776153423

ROBERT KNIGHT

Professional singer and clarinettist covering Wales/Bristol/West

 07807638044

GEORGIA MAY MATTHEWS

Singer

 Georgiamaymatthews@hotmail.co.uk

 07940025057



PETER & ASTRID CRIPPS

Lively traditional English, Scottish, Welsh and Irish folk songs. Dance tunes plus music hall type songs. Gloucestershire.

 www.petercripps.co.uk

 peter@petercripps.co.uk

 01452 780401



MEG BATCH VIOLINIST

Meg is an expert violinist who talks about every piece of music she plays and takes time (before and after her performances) to chat with residents.





PHYSICAL ACTIVITY

FINISH LINE EVENTS

 Exercise classes by Jo York, covers Gloucester and Forest of Dean (currently runs classes at Huntley village hall)

 jo@finish-line-events.co.uk

 07983 566449

G FITNESS

Gloucestershire based company who will come to your care establishment to take exercise classes in elderly care homes and LD

 www.gfitness.co.uk

 info@gfitness.co.uk

 07742 270718



MOVE IT OR LOSE IT

 <https://www.moveitorloseit.co.uk/>

 info@moveitorloseit.co.uk

 0800 612 7785



ACTIVE GLOUCESTERSHIRE

Active Gloucestershire coordinates we can move. Inspiring people to unite behind a common vision to increase physical activity. Connecting individuals and organisations to build strong collaborative partnerships.

 www.activegloucestershire.org

 chrisdavis@activegloucestershire.org

 01452 303528



GOALS BEYOND GRASS

Activities using powerchairs

 <https://goalsbeyondgrass.co.uk>

 info@goalsbeyondgrass.co.uk

 01452 245771

GLOUCESTERSHIRE WHEELS FOR ALL

Wheels for all have specially adapted bicycles for people of all abilities. They have a session at Blackbridge, Podsmead and Gloucester.

 <https://wheelsforall.org.uk/>

 gloucestershirowheelsforall@leonardcheshire.org

 01925 575 628



SEATED TAI CHI

Contact Mark Collins for details

 www.cotswoldgetaichi.co.uk

 cotswoldtaichi@gmail.com

 01453 544881





SENSORY ACTIVITIES

MUSIC IN HOSPITALS & CARE

Music in Hospitals & Care is a charity that improves the health and wellbeing of children and adults through the healing power of live music.

<https://mihc.org.uk/>

☎ 07984 449 355



SUNRISE HYPNOTHERAPY & BWRT PRACTICE.

Genevieve Du Bois has been an activity co-ordinator in Gloucestershire and knows the stresses and strains that staff and residents go through. Genevieve specialises in helping people manage their stress through mind massage and relaxation techniques.

✉ sunrisehypnotherapy@aol.com

☎ 07973 694001



THE MEMORY MAN

Alex Dawson is a qualified Total Drama and Autism movement therapy provider

[About the Creator | The Memory Man](#)

DANCE & DEMENTIA

Dance and Dementia is an organisation aimed at increasing wellbeing by providing opportunities for people affected by dementia to engage physically, socially and emotionally through movement and dance.

www.danceanddementia.co.uk

✉ nicola@danceanddementia.co.uk

☎ 07951 933173

PASSION 4 LAUGHTER

Joe May is a performer, Tai Chi teacher and uses laughter as a therapy. Conducting workshops and visiting your care establishment.

www.passion4laughter.com

✉ joe@passion4laughter.com

☎ 07960 753782

TOVERTAFEL

Interactive light animations that are projected onto the Tovertafel (magic table) that react to hand/arm or feet movements. The activities provide a vivid and positive experience, inviting people to interact independently or provide interaction with their peers.

 www.tovertafel.co.uk

 info.uk@tover.care

 03308 181152



ROMPA

Suppliers of sensory equipment for all

 www.rompa.com

 sales@rompa.com

 01246 211 777



MUSIC FOR HEALTH

Participating workshops for health and wellbeing in your care setting.

 <https://musicforhealthteam.co.uk/>

 07962 228626



DIGNITY AND GRACE

A qualified dementia practitioner who specialises on providing hairdressing service in the UK providing an exceptional experience within care homes and visiting people in own homes.

 dignitygrace@hotmail.co.uk

 07875 203020



ORCHARD TRUST TRAINING

Staff training and an accessible sensory environment for the people you support.

 www.orchard-trust.co.uk

 admin@orchard-trust.org.uk

 01594 861137





CLUBS & SOCIETIES

AGE UK GLOUCESTERSHIRE IN PARTNERSHIP WITH SSAFA

Military veterans – A guide providing information about help and services available, from medical and emotional support, to financial advice and social activities

 [gloucestershire-older-veterans-information.pdf](#)

 01452 422660



ARMED FORCES & VETERANS BREAKFAST CLUB

Various locations around the UK. Meeting held in Gloucester on the last Saturday of every month

 <https://afvbc.com/>

 support@afvbc.com

 01452 863441



AGE UK – LGBT+

A guide providing information about help and services available, from medical and emotional support, to financial advice and social activities

 https://www.ageuk.org.uk/globalassets/age-uk/documents/information-guides/ageukig02_lesbian_gay_bisexual_transgender_inf.pdf



RAINBOW CUPPAS RUN BY LGBT+PARTNERSHIP

A Friendly, safe and welcoming outing – various dates

 <https://www.lgbtchelt.co.uk/events>



ALZHEIMERS SOCIETY

National society for information and help for people with dementia and their carers

 www.alzheimers.org.uk

 0333 150 3456

LGBT FOUNDATION

LGBT Foundation is a national charity delivering advice, support and information services to lesbian, gay, bisexual and trans (LGBT) communities.

 <https://lgbt.foundation>

 info@lgbt.foundation

 0345 3 30 30 30



DIGNITY AND GRACE – HAIRDRESSERS

Hairdressers/salon experience for care homes

✉ siboutiquehair@hotmail.com

☎ 07534746615

DEMENTIA PATHFINDERS

Delivering education and learning for people working in the dementia field and providing therapeutic care for people with dementia and their families

🌐 www.dementiathfinders.org

✉ info@dementiathfinders.org

☎ 0845 257 2250



IN TOUCH

Providing information and advice to all health and social activities for people over the age of 50 across Gloucestershire to improve health and wellbeing

🌐 www.grcc.org.uk

✉ info@grcc.org.uk

☎ 01452 528491



RECONNECT BEFRIENDING

Peer befriending service, offering support for people with long term conditions in hospital or care homes as well as community.

🌐 www.cscic.org

✉ anna@cscic.org

☎ 07734 086879



PRIDE IN GLOUCESTERSHIRE

Pride in Gloucestershire celebrates LGBTQ+ people of Gloucestershire; campaigns for the advancement of LGBTQ+ life and connects our community through local events and our annual Pride celebration.

🌐 www.prideinglos.org.uk/

☎ info@prideinglos.org.uk



SPORTING MEMORIES NETWORK

Toby Roberts is area co-ordinator of sporting Memories Network. Supporting wellness through reminiscence.

🌐 www.sportingmemoriesnetwork.com

✉ toby@sportingmemoriesnetwork.com

☎ 07549055495



FAIR SHARES

Contact Chris Moore at fair shares to find out about gentle park walks and time to chat.

 www.fairshares.org.uk

 stroud@fairshares.org.uk

 07902 100 968



RE-ENGAGE

Call companions is our telephone befriending service ensuring older people remain connected to the outside world. Call companions is available to anyone aged 75 and over who would benefit from a regular chat over the phone with a friendly volunteer. Rainbow Call Companions are LGBTQ volunteers who can offer a befriending service to LGBTQ people.

 www.reengage.org.uk

 0800 716543



PACE

Activity centre for adults with learning disability, specialising in community enablement. Friendly, affordable, reliable, flexible service including transport. Gloucester Council Accredited.

 <https://paceldsupport.co.uk/>

 paceld2013@gmail.com

 07923257187 / 07923257198

GLOUCESTERSHIRE GAY & LESBIAN COMMUNITY

The Gloucestershire Gay and Lesbian Community is a friendly social group that welcomes people of all sexualities and ages. Events, Newsletters and Social groups including a virtual meeting.

 www.gglc.co.uk

 info@gglc.co.uk

 07050627273



STROUD AND BERKLEY VALE COMMUNITY WELLBEING SERVICE

Providing a range of services that'll support you in strengthening your emotional and physical wellbeing. We offer to support you to fulfil your potential and offer assistance in a variety of settings, including your home, or other places you feel comfortable.

 <https://www.independencetrust.co.uk/communitywellbeing>

 info@independencetrust.co.uk

 0345 863 8323



STRICTLY TEA DANCING

Ballroom, Latin American & Popular Sequence at Churchdown Community Centre

 www.glosdance.co.uk

 info@glosdance.co.uk



ACCESSIBLE PLACES TO GO

WHEELS FOR ALL

A selection of special bikes and trikes to enable anyone who would otherwise be unable to cycle to enjoy cycling in safe off-road environments.

 <https://cycling.org.uk/locations/gloucester-wheels-for-all>

 gloucestershirowheelsforall@leonardcheshire.org



THE BUTTERFLY GARDEN

A project for people of all ages dealing with disablement of any kind.

 www.thebutterflygarden.org

 info@thebutterflygarden.org

 01452 713068



WESTONBIRT ARBORETUM

Westonbirt Arboretum would like everyone to enjoy the Arboretum and pride themselves on being a site that has excellent facilities and access.

 www.westonbirt@forestry.gsi.gov.uk

 westonbirt@forestryengland.uk

 0300 067 4890



THE WILLOW TRUST

The aim of The Willow Trust is to provide a unique opportunity for disabled and seriously ill people of all ages to enjoy a therapeutic day out on the water.

 www.willowtrust.org

 admin@willowtrust.org

 01285 651661

BOATMOBILITY

Accessible boating for all with mobility or learning disabilities, together with friends and families

 www.cotswoldboatmobility.org.uk

 info@cotswoldboatmobility.org.uk

 07562 173659



SLIMBRIDGE WILD FOWL CENTRE

A WWT we have a passion for engaging people with wetlands and their wildlife and believe that experiencing nature first-hand is the best way to learn. Accessibility all around the park with café.

 <https://www.wwt.org.uk/>

 info.slimbridge@wwt.org.uk

 01453 891900



PERRY GROVE STEAM RAILWAY

Treehouses, Trains and Treasure, whatever the weather. Suitable for wheelchair users. Accessible cafe.

 www.perrygrove.co.uk

 info@perrygrove.co.uk

 01594 834991



SHERBOURNE CINEMA

Offering Gloucester's best value entertainment, with something for everyone at affordable prices in our family friendly traditional cinema with its many art-deco features all with disabled access

 www.sherbornecinema.co.uk/

 mark@sherbornecinema.co.uk

 01452 520560



GLOUCESTERSHIRE WARWICKSHIRE STEAM TRAIN

The Gloucestershire Warwickshire Railway is a volunteer operated heritage railway in Gloucestershire and Worcestershire offering a round trip of 28 miles. It uses part of the route of the former Great Western Railway's main line from Birmingham to Cheltenham which used to run via Stratford-upon-Avon.

 <https://www.gwsr.com/>

 info@gwsr.com

 01242 621405



GLOUCESTER WATERWAYS MUSEUM

Housed in the old Llanthony Warehouse in the heart of what once was the bustling Gloucester Docks, the museum will take you on a whole new journey, charting the 200-year history of the docks and the Gloucester & Sharpness Canal.

 www.gloucesterwaterwaysmuseum.org.uk

 gloucester@thewaterwaystrust.org.uk

 01452 318200



FOREST OF DEAN & WYE VALLEYS

Outdoor adventures, unique attractions, activities and experiences, a rich heritage and a landscape ripe for exploring and getting off the beaten track. Various attractions.

Information in one website.

 www.wyedeantourism.co.uk

 info@visitdeanwye.co.uk



BUILDING CIRCLES

Building Circles works to transform lives of people with learning disabilities, encouraging friendships and providing a social platform so that those who are isolated or lonely benefit as much as everyone else. Social events, plus we have extra weekly activities: a community choir, cookery workshops and allotment sessions.

 www.buildingcirclesglos.org.uk

 admin@buildingcircles.org.uk

 01242 210950



NATURE IN ART

Gallery and Museum, craft courses and cafe. Limited accessibility for wheelchair users. Call to discuss arrangements for group visits.

 www.natureinart.org.uk

 01452 731422



DISABILITY WALKING FOOTBALL

Walking football has been used successfully to engage a variety of participants with physical, sensory and learning disabilities

 www.gloucestershirefa.com

 Support@GloucestershireFA.com

 01454 615888



THE FRIENDSHIP CAFE

The Friendship Cafe provides youth & community based activities, focusing mainly but not exclusively on young people, children and families in the inner city and surrounding areas of Gloucester,

 <https://thefriendshipcafe.com/>

 imran@thefriendshipcafe.com

 01452 308127



CROFT FARM TEWKESBURY

Croft Farm Water Park is a campsite with accommodation or take your tent/caravan with activities including Windsurfing, sailing, canoeing, stand up paddle boarding.

 <https://www.croftfarmwaterpark.com/>

 info@croftfarmwaterpark.com

 01684 772321



MUSEUM OF GLOUCESTER

The Museum of Gloucester, Tourist Information Centre (TIC), shop and café

 <https://www.museumofgloucester.co.uk/>

 museum@gloucester.gov.uk

 01452 396131 / 01452 396572



ST JAMES CITY FARM

St James City Farm provides a taste of the countryside in the heart of the city of Gloucester

 <https://stjamescityfarm.co.uk/>

 imran@thefriendshipcafe.com

 01452 305728 / 01452 308127



GLOUCESTER CATHEDRAL

The Cathedral offers a wealth of things to see and do from climbing the tower to special family activities and events. With a Coffee Shop you can relax in after exploring and a Gift Shop full of interesting products.

 <https://www.gloucestercathedral.org.uk/>

 reception@gloucestercathedral.org.uk

 01452 528095



BIRDLAND

Birdland is set in nine acres of gardens and woodland, creating a picturesque canopy for the winding River Windrush.

 <https://www.birdland.co.uk/>

 info@birdland.co.uk

 01451 820480



LONGLEAT SAFARI PARK

Safari Park, Longleat House and grounds

 <https://www.longleat.co.uk/>

 enquiries@longleat.co.uk



THE GRAND PIER AT WESTON-SUPER-MARE

A trip to the Grand Pier in Weston-Super-Mare promises bucket-loads of good old fashioned family fun for all ages, has wheelchair hire available in the arcade

 <https://www.grandpier.co.uk/>

 01934 620 238



TAURUS CRAFTS

A Camphill Community providing opportunities for people with learning disabilities. There is a café, craft workshops and shops all on site which is easily accessible.

 <https://www.camphillvillagetrust.org.uk>

 trustoffice@cvt.org.uk

 01653 228322



SCRUBDITCH CARE FARM

Scrubditch Care Farm provides therapeutic farm-based activities for vulnerable people. Focusing on increasing confidence, building independence and promoting good health and wellbeing

 www.scrubditchcarefarm.org.uk

 info@scrubditchcarefarm.org.uk

 01285 895790



PRINKNASH ABBEY SHOP & CAFE

 www.prinknashabbey.org

 01452 812 066



OAKHAM TREASURES - BRISTOL

Oakham Treasures is one of the largest privately owned museums of retail and farming history in the UK

 www.oakhamtreasures.co.uk

 admin@oakhamtreasures.co.uk

 01275 375 236





TRANSPORT

COMMUNITY CONNEXIONS

Providing transport for people of all ages across Gloucestershire and beyond who would otherwise struggle to get where they need to go. This may be due to physical, mental, social or rural barriers.

 www.communityconnexions.org.uk

 info@communityconnexions.org.uk

 0345 680 5029

MOBILOO

Mobile accessible toilet and change facility - run on a not for profit basis for hire.

 www.mobiloo.org.uk

 info@mobiloo.org.uk

 0300 030 1255



DRIVING MISS DAISY

A safe and reliable assisted transportation & companionship service

 www.drivingmissdaisy.co.uk

 csc@drivingmissdaisy.co.uk

 0333 014 6211



GLOUCESTERSHIRE MINIBUS SCHEME

Minibus Sharing Scheme for Gloucestershire

 <http://www.glosminibusscheme.co.uk/>

 office@glosminibusscheme.co.uk

 0800 389 0046 / 01453 762221

JUMBULANCE

The Jumbulance Trust makes accessible travel possible for adults and children who are disabled or have serious or complex health conditions

 <https://www.jumbulance.org.uk/>

 info@jumbulance.org.uk

 07483 414330



AGE UK

Age UK works alongside other community organisations to provide door-to-door transport for older people to help them to maintain their independence.

 <https://www.ageuk.org.uk/services/in-your-area/transport/>

 0800 678 1602



SHOPMOBILITY

Providing battery powered scooters, wheelchairs, battery chairs and rollators to help people who have limited mobility to use all the facilities in the city centre, the Gloucester Quays Designer Outlet Centre and the Docks

 <https://www.gloucester.gov.uk/culture-leisure/shopmobility/>

 heretohelp@gloucester.gov.uk

 01452 396 396



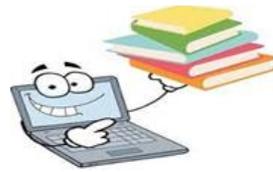
DIAL-A-CAB

A private hire taxi cab company operating in Gloucestershire. 4, 6, & 7 seater vehicles.

 www.taxicheltenham.co.uk

 info@dacchelt.com

 01242 24 24 24



PUBLICATIONS & WEBSITES

ROYAL COLLEGE OF OCCUPATIONAL THERAPISTS

Free online resource offers practical ideas, help and advice to support meaningful activity for older people in care homes

 www.rcot.co.uk



NAPA

National Association for Providers of Activities for Older People

 <https://napa-activities.co.uk/>

 info@napa-activities.co.uk

 01494 590421



JESSICA KINGSLEY PUBLICATIONS

The Activity Yearbook.

 <https://uk.jkp.com/>

 hello@jkp.com



SPEECHMARK

Practical resources for professionals across education, health and social care.

 www.speechmark.net



DAILY SPARKLE

Reminiscence newspaper

 <https://www.dailysparkle.co.uk/>

 info@dailysparkle.co.uk

 08002 289698





ONLINE RESOURCES

NATIONAL ACTIVITY PROVIDERS ASSOCIATION – FREE RESOURCES

 www.napa-activities.co.uk/services/resources/free-resources

DAILY CHAT

The Daily Chat is a company that offers a nostalgic and current newspaper for use in care homes. Exciting Fresh content every day that's affordable and enjoyed by many residents throughout the UK.

 www.dailychat.org

 jack@dailychat.org

 01294 440369



GOLDEN CARERS

Save time with 1000s of activity ideas & helpful resources. Plan and implement activity programs that are stimulating, relevant, and suit a wide range of needs and interests.

 www.goldencarers.com



DAILY SPARKLE

Activities for People Living with Dementia. The UK's leading activity resource company enhancing the quality of life for people living with dementia

 www.dailysparkle.co.uk

 info@dailysparkle.co.uk

 0800 228 9698



AGE UK

 www.ageuk.org.uk

 0800 678 1602



DEMENTIA UK

 www.dementiauk.org

 info@dementiauk.org

 020 8036 5400



THE DEMENTIA CENTRE

DSDC is an international centre of knowledge and expertise dedicated to improving the lives of people with dementia.

 <https://www.dementia.stir.ac.uk/>

 01786 467740



ALZHEIMER'S SOCIETY

Dementia Services Development Centre at Stirling University

 www.alzheimers.org.uk

 0333 150 3456



ACTIVITIES TO SHARE

A guide to help people who coordinate activities for groups of people with specific needs with products, services, and knowledge

 www.activitiestoshare.co.uk

 customers@activitiestoshare.co.uk

 01227 362858



YOUR CIRCLE

A website to help you find your way around health and care and connect with people, places and activities in Gloucestershire

 www.yourcircle.org.uk



KNOW YOUR PATCH

Know your patch builds networks for those working with individuals and groups to help people stay independent for longer and lead full, happy lives

 www.knowyourpatch.org.uk

ALIVE

Alive has a great selection of activity and learning resources in the online resource library.

 <https://aliveactivities.org/>

 info@aliveactivities.org

 0117 377 4756





SOURCES OF FUNDING

BARNWOOD TRUST

Local charitable foundation committed to creating welcoming communities across Gloucestershire. Small grants available to help the people you support maximise their potential.

 www.barnwoodtrust.org

 info@barnwoodtrust.org

 01242 539935



GARDEN CENTRES

Many garden centres will donate plants and materials towards a garden project in your care establishment.

MAYFIELD TRUST

Provides grants to individuals with learning disabilities, or families with a member who has learning disabilities, in Gloucestershire, to purchase items which would improve the life of the beneficiary.

 <https://mayfieldhometrusted.ltd.uk/>

 mayfieldhtrust@aol.com

 01453 762502

GLOUCESTERSHIRE DISABILITY FUND

The Gloucestershire Disability Fund provides grants to people with disabilities of all ages as well as financial support to not-for-profit organisations/groups and community groups working to enhance the lives of people living with a physical, sensory or learning disability in Gloucestershire.

 <https://www.glosdisabilityfund.org.uk/>

 info@glosdisabilityfund.org.uk

 01452 614890



THE SUMMERFIELD CHARITABLE TRUST

Grants to help a wide variety of good causes throughout Gloucestershire

 <http://www.summerfield.org.uk/>

 admin@summerfield.org.uk

 01285 721 211



FUNDING FINDER

Get Grants Funding Finder is a free resource for grant fundraisers with information on hundreds of grant funders, including what they fund, how much they give, and how to apply

 www.getgrants.org.uk/funding-finder





SOURCES OF TRAINING

PARKINSON'S TRAINING

 www.crossroadsglos.org.uk/training-and-development/parkinsons-training

 admin@crossroadsglos.org.uk

 01594 823414 / 01452 910899



ROYAL COLLEGE OF OCCUPATIONAL THERAPY

Living Well through activity in care homes toolkit.

 <https://www.rcot.co.uk/about-occupational-therapy/living-well-care-homes-2019>

 hello@rcot.co.uk

 020 3141 4600



NAPA

Registered charity providing online training for activity provision via yearly membership and purchase of modules.

 <https://napa-activities.co.uk/?s=training>

 info@napa-activities.co.uk

 01494 590421



ORCHARD TRUST

A great organisation for staff training and an accessible sensory environment.

 www.orchard-trust.co.uk

 admin@orchardtrusttraining.co.uk

 01594 861137



ALIVE

Alive has a great selection of activity and learning resources in the online resource library.

 <https://aliveactivities.org/>

 info@aliveactivities.org

 0117 377 4756



ADULT EDUCATION IN GLOUCESTERSHIRE

Adult Education in Gloucestershire, a service within Gloucestershire County Council, provides learning for individuals, employers and communities, and works in partnership with external organisations and other services across the Council.

 <https://www.gloucestershire.gov.uk/adult-education-in-gloucestershire/>

 learn@gloucestershire.gov.uk

 01452 583800



WILLIAMS MORRIS HOUSE

William Morris College is an independent specialist further education college for students aged 16-25 with learning difficulties and other complex needs.

 <https://william-morris.org.uk/>

 info@william-morris.org.uk

 01453 824025





CULTURAL & SPIRITUAL

AGE UK – CULTURAL ACTIVITIES

A guide providing information about help and services available, from medical and emotional support, to financial advice and social activities

https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb_apr18_creative_and_cultural_activities_wellbeing.pdf

DIOCESE OF GLOUCESTER

The Diocese of Gloucester is part of the Church of England and covers most of Gloucestershire, as well as parts of neighbouring counties. Website includes information on Dementia friendly churches.

<https://www.gloucester.anglican.org/>

churchhouse@glosdioc.org.uk

01452 410022



CHRISTIANS ON AGEING

Christians on Ageing is a registered charity which offers a resource to the Churches and others involved with older people. A voice for older people and their life of faith and hope.

<https://christiansonageing.org.uk/>

secretary@christiansonageing.org.uk

0777 493 5905



FAITH IN OLDER PEOPLE

Enabling a better understanding of the importance of the spiritual dimension to the well-being of older people. Resources including Spiritual Care Matters, an online learning course designed to promote, recognise, respect and support the spiritual well-being of older people.

<https://www.faithinolderpeople.org.uk/>

info@fiop.org.uk

0131 346 7981



ANNA CHAPLAINCY

Offering spiritual care in later life. Amongst other services, Anna Chaplains offer spiritual support to older people who are living in care homes and sheltered housing complexes, their relatives and staff who look after them.

<https://www.annachaplaincy.org.uk/>

annachaplaincy@brf.org.uk

01865 319700



GLOUCESTERSHIRE COUNTY COUNCIL COMMUNITY TEAM

Cultural and religious information for ethnic minority residents.

✉ Haroon.kadodia@gloucestershire.gov.uk

✉ Saleha.moolla@gloucestershire.gov.uk

DISCLAIMER

The information is for advice only and does not constitute as a recommendation from the care sector support team.

Please make your own checks to ensure that services are suitable for the people you support.

We hope you find the information in this directory useful and welcome any services you have used that could be added.

glicb.caresectorsupportteam@nhs.net